

## Impact of Emerging Pollutants on a Health Triad: Environment, Animals and Humans

### AUTHORS DETAIL

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### INTRODUCTION

Emerging pollutants (EP) are the compounds of anthropogenic origin that usually do not screened in the environment (Geissen et al. 2015; Teodosiu et al. 2018). EP in the environment is influenced by several factors, such as population growth, which has generated a high demand for "hazardous" chemicals for health, approximately more than 220 million tons (<https://ec.europa.eu/eurostat/>). EP include those of pharmaceutical origin (FEP), synthetic or natural chemical substances used as commercial prescription drugs for therapeutic and veterinary use to diagnose, cure, treat or prevent diseases in humans and animals. (WHO 2012; Nyagah et al. 2020). FEP include many analgesics, antidiabetics, antibiotics, antidepressants, steroid antihypertensives and stimulants (Schwartz et al. 2021; Turcios et al. 2021). The subministering of FEP is regulated for patient safety, but the side effect of any drug on the environment lacks regulation (Anchique et al. 2021). In general, estimated three-quarters of polluting industrial emissions are discharged into the environment without pretreatment (Vasilachi et al. 2021). Due to this situation, PEFs and their metabolites are released into the environment through treatment plants (Massima et al. 2021) and human sanitary discharges without prior treatment. The above generates a threat to the environment since chronic exposure to various pharmaceutical substances, the increase in the concentration of FEPs as they accumulate in the environment and the great variety of substances that can be found, coupled with their low biodegradability and high persistence, allows their bioaccumulation in various systems, from the lowest trophic levels to humans (Fonseca

et al. 2020; Turcios et al. 2021). Because of the evidence of various FEP in the environment, intensive research on their fate and risk has generated significant interest (Mulkiewicz et al. 2021).

### Impact of Emerging Pollutants on the Environment

In 2019, the global pharmaceuticals manufacturing market was estimated to be over \$320 trillion (320 billion, with a compound annual growth rate of over 13% from 2020 to 2027 (Grand View Research 2020). Approximately 4000 active pharmaceutical products are manufactured and incorporated into thousands of products available in the market (Daughton 2014). The pharmaceutical product cycle consists of three main stages: manufacture, consumption, and disposal (Kusturica et al. 2020). When the manufacturing process is completed, pharmaceuticals are distributed in multiple presentations, such as tablets, capsules, and liquid formulations (Dunn et al. 2010). Once orally ingested by the body (human or animal), 30-90% is not entirely metabolized and is excreted as an active substance (Nyagah et al. 2020; O'Flynn et al. 2021), mainly through urine (70% on average) and feces (30%) (Abdel-Shafy and Mohamed-Mansour 2013; Hassan et al. 2019).

Pharmaceutical FPs can integrate into the environment through the manufacturing process, disposed or unused products, excretion by humans and animals, wastewater discharges, livestock husbandry, and leached landfill sites (Kleywegt et al. 2019; Lam et al. 2021). Although the concentrations of FEP found in the environment, have been in the ng/L and g/L ranges (Tran 2013; Ahmed et al. 2017), yet these can cause ecological disturbances (Belhaj et al. 2015), as well as adverse effects on human health. Due to the evidence of their presence in the environment, interest in their research has increased in the scientific community in recent decades (Turcios et al. 2021).

### Impact of Emerging Pollutants on Animals

The administration of drugs to animals is a strategy to prevent and combat disease and maintain optimal health (CDDEP 2021). In 2010 alone, livestock consumed more than 63,000 tons of antimicrobial drugs worldwide, which will be more than 100,000 tons by 2030 (Van Boeckel et al. 2015). However, drugs administered to animals are not fully metabolized (Zhao et al. 2010). Numerous studies have

reported the presence of drugs such as fluoroquinolones, antibiotics, sulfonamides, and tetracyclines in animal manure samples (Qiao et al. 2012; Li et al. 2013; Hou et al. 2015; Van Epps and Blaney 2016); which may pose a threat to animal species. The transfer of drugs through food chains may interfere with other species ecological systems (Chopra and Kumar 2018).

The negative impact of PEFs on the animal body has been reported, for example, in the decline of vulture populations (*Gyps indicus*, *Gyps bengalensis*, *Gyps tenuirostris*) in countries such as Bangladesh, India, Nepal, Pakistan and Switzerland, due to poisoning with antibiotics and non-steroidal anti-inflammatory drugs (Prakash et al. 2003; Oaks et al. 2004; Swan et al. 2016). Another example is the amphipod crustacean *Gammarus locusta* which, exposed to simvastatin, alters its reproduction and growth (Neuparth et al. 2014). In rainbow trout (*Oncorhynchus mykiss*), this same drug causes hepatic cytotoxicity, metabolic inhibition, and cell membrane loss (Ellesat et al. 2020).

On the other hand, carbamazepine inhibits molting and growth in the crab *Eriocheir sinensis* (Chen et al. 2019). It causes malformations during embryonic development in the Mediterranean mussel *Mytilus galloprovincialis* (Franzellitti 2019), as well as alterations in motility and behavior in embryos of the zebrafish, *Danio rerio* (Weichert et al. 2017). Diclofenac, a non-steroidal anti-inflammatory drug, can cause oxidative stress and affect testosterone levels in wolf fish *Hoplias malabaricus* (Guiloski et al. 2015); cytological changes in liver, kidneys, and gills of *O. mykiss* (Schwaiger et al. 2004); lower hematocrit levels in brown trout *Salmo trutta* (Hoeger et al. 2005); toxic effects in catfish *Rhamdia quelen* (Ribas et al. 2017); ragworm, *Hediste diversicolor* and sole fish *Solea senegalensis* (Nunes et al. 2020); in tilapia *Oreochromis niloticus* (Gröner et al. 2017) and the fish *Corvina*, *Argyrosomus regius* (Duarte et al. 2020).

### Impact of Emerging Pollutants on Humans

The availability of clean water is indispensable for human health. While considering the population and industrial growth worldwide, the need for clean water is increasing (Tortajada 2020; Lam et al. 2021). The presence of FEP threatens the supply and availability of freshwater. Various research suggests that 70% of FEP are from domestic water and 30% from industrial waste, which is discharged directly into rivers without treatment (Bunke et al. 2019; Tang et al. 2019). Even in the case of treated wastewater, the accumulation of FP does not allow its reuse, limiting the under-supply of drinking water (Massima et al. 2021). The presence of PEFs has been described in freshwater and drinking water sources, finding antibiotics and non-steroidal anti-inflammatory drugs (Fernandes et al. 2020; Khan et al. 2020; Ngqwala and Muchesa 2020). These accumulate directly in water sources, causing adverse effects on microorganisms and aquatic animals through bioaccumulation in food chains and favoring antibiotic

resistance in bacteria, leading to a threat for health and safety (Hassoun-Kheir et al. 2020; Wang 2020).

Studies conducted by Savin et al. (2021) and León-Aguirre et al. (2019) in swine facilities for meat intended for human consumption found that *E. coli* bacteria presented resistance to the antibiotic's ciprofloxacin and piperacillin. They also found enrofloxacin, oxytetracycline, and sulfamethoxazole in wastewater treated by biodigesters.

The constant accumulation and under-supply of antibiotics allow the generation of resistance genes. Liang et al. (2021) identified the genes APH(3')-IIIa, APH(6)-Id, APH(3'')-Ib; OXA-347; ermF, msrE, cfrA and tetQ, tet36, tetX, tetM (resistant to aminoglycoside,  $\beta$ -lactam, macrolide-lincosamide-streptogramin, tetracycline respectively) from China. For their part, in swine wastewater, Suzuki et al. (2021) found the antibiotics lincomycin and tetracyclines also detected the presence of the resistance genes sul1, sul2, sul3, and tet(M), suggesting that, even if the use of antibiotics is suspended, the resistance genes remain in the environment for an extended period. The exposure of microorganisms to antibiotics can favor the generation of resistance to different antibiotics through mechanisms such as impermeable barriers, efflux pumps, drug inactivation, and mutational resistance (Allen et al. 2010). A Study by Andersson and Hughes 2014 reveal that even non-lethal levels of antibiotics in the environment can exacerbate the selection and enrichment of resistance genes.

### General Information on the Removal of Emerging Pollutants

Unlike conventional contaminants, the removal of PE presents characteristics that complicate its removal. They are polar molecules; the pH of the medium affects their properties and can present variations in structure, form, and functionality. In addition, once consumed, absorbed, and eliminated, these can present changes in their chemical structure due to the previous metabolic process (Rivera-Utrilla et al. 2013). The sum of all these characteristics and the presence of different EP in the same environments makes it more complex to understand all interactions, which are not evident today.

The strategy of eliminating or removing FEP from the environment started because the natural attenuation of these compounds based on physical, chemical, and biological processes is insufficient due to the many xenobiotic compounds released. Processes for the elimination or removal of EP generally involve biological and physicochemical treatments. According to Liu et al. (2020), biological processes include Activated Sludge treatments based on coagulation, adsorption, and oxidation of sludge; Membrane Bioreactors, a process that combines microbial degradation and membrane separation; Composting based on animal manure; Phytoremediation based on microalgae; and Bacterial Bioremediation. Among the physical and

physicochemical processes, there are Membrane Processes, which use porous or non-porous membranes to filter contaminants; Adsorption of mineral surfaces and ion exchange, which uses substrates such as modified natural zeolite; Carbon Adsorption, used as adsorption material; Coagulation, for the removal of non-polar molecules and the use of nanomaterials such as graphene. In addition, the same author mentions chemical oxidation, which can destroy the molecular structure of some pollutants or favor their biodegradability, such as ozone use. Ozone can react with some pollutants giving rise to a series of free radicals or produce some hydroxyl radicals to degrade the pollutants, depending on the acidity or alkalinity. Electrochemical oxidation is based on oxidation by an electrical voltage; catalysis, which includes processes such as photolysis and photocatalysis; and treatment technologies.

Although all contaminant removal treatments have advantages, they also have disadvantages. Activated sludge can be affected by temperature and pollutant types (Liu et al. 2020); membrane bioreactors by the cost of membrane materials, sludge concentration, solids retention time and organic loading (Zhen et al. 2019); composting can be influenced by temperature; ozone is only effective on some pollutants, plus it is unable to fully oxidize or mineralize them (Liu et al. 2020). Membrane processes are hindered by membrane flux, pore size, hydrophobicity, and molecular weight of the pollutant, and adsorption from mineral surfaces and ion exchange present low capacity and poor selectivity. Carbon adsorption depends on the surface area, pore structure, and functional surface (Xing et al. 2019; Zhang et al. 2019); electrochemical oxidation quickly produces degradation intermediates and electrode deactivation (Tasca et al. 2019) and catalysis is influenced by the pH value of the solution, type of light source and own characteristics of the catalysts (Carena et al. 2019). The results of the investigations have shown that the removal of EP is generally not completely efficient.

### Removal of Emerging Pollutants from Pharmaceuticals

The main treatments to remove or eliminate FEP include collection for subsequent incineration, collection in ordinary dumpsters, and discharge into the sewage system for subsequent wastewater treatment (Bu et al. 2020). These treatments have advantages and disadvantages; incineration presents destruction and a significant reduction of waste volume (Ghasemi and Yusuff 2016; Trinh et al. 2020) but can release heavy metals into the atmosphere (Sabih-Javied et al. 2008); in addition to the cost associated with the design and construction of these facilities. The collection in ordinary dumpsters uses specific sites to deposit waste and isolate it from the surrounding environment (Narayana 2009). However, due to the increased pharmaceutical production and volume disposed of, the designated areas are insufficient,

so the drugs are leached. Previous studies have detected a complex mixture of contaminants, including FEP, in multiple landfills in 100 to 1,000,000 ng/L (Masoner 2014). The wastewater treatment process has proven to be efficient, mainly for removing conventional contaminants, such as biodegradables, organic matter, and nutrients, but it is not efficient for removing pharmaceuticals (Kümmerer 2008; Sim et al. 2010).

### Conclusion

The process of manufacturing, distribution, consumption, and disposal of FEP is a polluting phenomenon for the environment, animals, and humans. The complex mixture of diverse FEP threatens the environmental impact in diverse ecosystems. Some of the alternatives to diminish this impact on the health triad are to initiate the process of regulating FEP in the environment, establish control, management, and distribution laws, as well as permanent monitoring of the diverse ecosystems related to the presence of FEP, promote international research in remediation processes with new technologies, as well as the use of common treatment methods.

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